



Lost 66 lbs.

“Thank you Herbal Magic for giving me a chance to be the person I wanted to be.”

- Ariane T.



Lost 32.5 lbs.

“If you want to make a life-changing decision, try Herbal Magic — you will get the results you want.”

- Don C.



Lost 39 lbs.

“The program was easy to follow and my Coach was an amazing support. I have more energy and feel healthy and happy like I haven't in years.”

- Karen S.



HOW DOES THE **HERBAL MAGIC** WEIGHT LOSS PROGRAM WORK?

Herbal Magic
WEIGHT LOSS & NUTRITION



WEIGHT LOSS COACHING

From your very first day, we introduce you to your own personal weight loss coach, who helps you establish realistic weight loss goals & builds a plan to get you there. Our coaches understand the journey you're about to embark on and they will be there to guide and support you, every step of the way. Your coach will provide you with all the tips, secret hacks, and motivational high fives that you need to complete your journey.

Your Personal Weight Loss Coach will be delighted to talk to you by phone, text, through our mobile app, online chat, or email—as much as you'd like or need. There's no limit!



Call us
1-800-852-5401



Email us
customerservice@herbalmagic.ca

MEAL PLANS & RECIPES

Meal plans make things easy. They provide guidance on what you should be eating at each meal, and when. Everyone has different meal preferences, so we tailor your meal plans to accommodate the foods you like, and those you don't. We also take into account your activity level and other health factors, to ensure that you get the nutrients you need to support your weight loss journey.

Once we have a healthy meal plan created for you, we'll share our tasted and tested recipes that you can create at home. Prefer to dine out? No problem! Our food journals and dining out guide will have you covered when eating at a restaurant or ordering take out.

We'll ensure that you learn the basic foundation of nutrition and healthy meal planning, along with tips for grocery shopping and dining out. You'll have all the tools you need to reach your goal weight and to keep the weight off.

NATURAL HEALTH PRODUCTS



Balanced nutrition is always important, now more than ever. We want to get you started on the right foot, ensuring that you have the nutrition you need to support your body during your weight loss journey.

Your weight loss program will include natural health products that are clinically proven to help you feel less hungry, boost your metabolism and manage your weight loss results.

Our weight loss supplements are made from the highest quality, safest, and most effective ingredients possible. All of our products undergo rigorous quality assurance and clinical testing.

